

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	217	Verschoren	Pieter	Schriek	M1	MAS+35	Kapsalon Luc	00:14:12	19.14	03:08
2	218	Heremans	Mil	Heist o/d B...	M2	JUN	AVZK	00:14:50	18.32	03:16
3	170	Van der Sande	Greg	Ramsel	M3	MAS+35	De Dorpspomp	00:14:53	18.26	03:17
4	219	Lunders	Nico	Lier	M4	MAS+35	AVLL	00:14:58	18.16	03:18
5	254	Bosmans	Wietse	Hulshout	M5	SEN	WB-consult BV	00:15:08	17.96	03:20
6	148	Sleeckx	Godwin	Heist o/d B...	M6	SCH	AVZK	00:15:12	17.88	03:21
7	247	Naets	Obry	Itegem	M7	SEN		00:15:23	17.67	03:23
8	154	Van der Sande	Giel	Ramsel	M8	SEN	DRT	00:16:01	16.97	03:32
9	178	Laporte	Vincent	Booischoot	M9	SEN	ROBA	00:16:07	16.86	03:33
10	221	Wauters	Matthias	Booischoot	M10	SEN	AC Huls	00:16:12	16.78	03:34
11	202	De Smet	Robin	Heist o/d B...	M11	MAS+35		00:16:14	16.74	03:35
12	129	Blomme	Tim	Tremelo	M12	SEN	AVZK	00:16:15	16.73	03:35
13	179	Hendrickx	Stijn	Berlaar	M13	MAS+40		00:16:25	16.56	03:37
14	176	Laporte	Sten	Heist o/d B...	M14	MAS+35	AVZK	00:16:34	16.41	03:39
15	215	Bottu	Kasper	Tremelo	M15	SEN	ROBA	00:16:48	16.18	03:42
16	186	Liekens	Vicky	Heist o/d B...	V1	MAS+35	Race & Raise	00:17:08	15.86	03:46
17	118	Van Aelst	Dirk	Heist o/d B...	M16	MAS+60	Berglopers	00:17:12	15.8	03:47
18	225	Cumps	Stan	Ramsel	M17	SEN		00:17:16	15.74	03:48
19	155	Van Ouytsel	Jan	Westerlo	M18	MAS+35		00:17:18	15.71	03:49
20	136	Deprez	Kim	Heist o/d B...	M19	MAS+40	Brooks Running Collective	00:17:20	15.68	03:49
21	183	Verlinden	Timo	Hulshout	M20	SCH	AVZK	00:17:22	15.65	03:50
22	187	Maes	Peter	Aarschot	M21	MAS+45	Irish Pub Dubh-Linn	00:17:30	15.53	03:51
23	173	Schellekens	Mark	Heist o/d B...	M22	MAS+40	AVZK	00:17:38	15.41	03:53
24	232	De Roover	Dimitri	Begijnendijk	M23	SEN		00:17:41	15.37	03:54
25	93	De Raet	Jan	Schriek	M24	MAS+55	AVZK	00:17:42	15.36	03:54
26	159	Verbist	Jonathan	Aarschot	M25	MAS+35	Sportiva Gelrode	00:17:43	15.34	03:54
27	171	De Cock	Nico	Baal	M26	MAS+45	Sportiva Gelrode	00:17:44	15.33	03:54
28	165	Lemmens	Steve	Langdorp	M27	MAS+50	AVZK	00:17:48	15.27	03:55
29	95	Vander Sande	Thomas	Houtvenne	M28	SEN	ROBA	00:18:05	15.03	03:59
30	190	Pauwels	Tom	Heist o/d B...	M29	MAS+40	AC Hulshout	00:18:12	14.93	04:01
31	143	Matthys	Tom	Heist o/d B...	M30	SEN	AVZK	00:18:17	14.87	04:02
32	239	Van Campenhout	Dave	Schriek	M31	MAS+45	RAM	00:18:19	14.84	04:02
33	200	Van den Heuvel	Sven	Ramsel	M32	MAS+40		00:18:29	14.71	04:04
34	230	De Cuyper	Tim	Schriek	M33	MAS+40		00:18:38	14.59	04:06
35	140	Knapen	Dennis	Beerzel	M34	MAS+40	AVZK	00:18:39	14.57	04:07
36	198	De Raet	Kris	Hulshout	M35	MAS+45	AC Hulshout	00:18:40	14.56	04:07
37	132	Claes	Jesse	Booischoot	M36	SEN	Fun2Run	00:18:45	14.5	04:08
38	242	Helsen	Ward	Heist o/d B...	M37	MIN		00:18:48	14.46	04:09
39	220	Beynaerts	Kim	Begijnendijk	M38	MAS+35		00:18:49	14.44	04:09
40	105	De Winter	Murielle	Heist o/d B...	V2	MAS+50	Berglopers	00:18:54	14.38	04:10
41	201	Stremersch	Danny	Herselt	M39	MAS+60		00:19:00	14.31	04:11
42	203	Buts	Hans	Heist o/d B...	M40	SEN		00:19:02	14.28	04:12
43	211	Rits	Jonas	Hulshout	M41	SCH	AVZK	00:19:05	14.24	04:12
44	131	Buts	Henok	Putte	M42	CAD	AVZK	00:19:06	14.23	04:12
45	241	Cools	Benno	Averbode	M43	MIN	ROBA	00:19:10	14.18	04:13
46	261	Verbraeken	Jasper	Aarschot	M44	SEN		00:19:13	14.14	04:14
47	127	Bastiaens	Nancy	Hulshout	V3	MAS+45	AC Hulshout	00:19:18	14.08	04:15
48	150	Valenne	Brent	Schriek	M45	SCH	AVZK	00:19:36	13.87	04:19
49	245	Verschaeren	Tegge	Heist o/d B...	M46	SCH	AVZK	00:19:44	13.77	04:21
50	213	Verherstraeten	Nick	Testelt	M47	MAS+35	De Dorpspomp	00:19:46	13.75	04:21

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	228	Wevelsteen	Robin	Heist o/d B...	M48	SEN		00:19:48	13.73	04:22
52	122	Van Noten	Dirk	Booischoot	M49	MAS+55	Berglopers	00:19:52	13.68	04:23
53	259	Grietens	Robin	Tremelo	M50	SEN	SK Diamant	00:20:04	13.54	04:25
54	193	Vermeulen	Ruben	Hulshout	M51	MAS+35		00:20:06	13.52	04:26
55	256	Staquet	Jesse	Aarschoot	M52	JUN		00:20:19	13.38	04:29
56	231	De Haes	Wout	Baal	M53	SEN		00:20:23	13.33	04:29
57	113	Rits	Mario	Hulshout	M54	MAS+50	Berglopers	00:20:24	13.32	04:30
58	177	Laporte	Finn	Heist o/d B...	M55	MIN	AVZK	00:20:25	13.31	04:30
59	214	Van Tendeloo	Steven	Booischoot	M56	MAS+40		00:20:27	13.29	04:30
60	89	Gybels	Eddy	Begijnendijk	M57	MAS+55		00:20:34	13.22	04:32
61	166	Van Den Eede	Michael	Breendonk	M58	MAS+45		00:20:35	13.2	04:32
62	237	Van der Hoeven	Hanne	Schriek	V4	JUN		00:20:39	13.16	04:33
63	204	Cannaerts	Foppe	Booischoot	M59	SEN		00:20:42	13.13	04:34
64	258	Grietens	Jeroen	Tremelo	M60	SEN	SK Diamant	00:20:50	13.05	04:35
65	253	Nelsen	Thomas	Begijnendijk	M61	SEN	SK Diamant	00:20:52	13.03	04:36
66	182	Wijns	Geert	Schriek	M62	MAS+50	Concap	00:20:59	12.95	04:37
67	184	Hoefkens	Chris	Booischoot	M63	MAS+55		00:21:00	12.94	04:38
68	145	Ruelens	Peter	Geel	M64	MAS+60	JMT	00:21:01	12.93	04:38
69	243	Pauwels	Katrien	Booischoot	V5	SEN	AVZK	00:21:04	12.9	04:39
70	181	Wijns	Pascal	Schriek	M65	SEN	Concap	00:21:05	12.89	04:39
71	94	Van Dyck	Michel	Heist o/d B...	M66	MAS+55	AVZK	00:21:06	12.88	04:39
72	236	Vluymans	Amber	Ramsel	V6	SEN	ROBA	00:21:07	12.87	04:39
73	189	Van der Sanden	Emma	Wiekevorst	V7	MIN	AVZK	00:21:08	12.86	04:39
74	250	De Vries	Axel	Booischoot	M67	SEN	SK Diamant	00:21:10	12.84	04:40
75	240	Goyvaerts	Nico	Ramsel	M68	MAS+55		00:21:16	12.78	04:41
76	180	Peeters	Vic	Betekom	M69	PUP		00:21:17	12.77	04:41
77	270	De Vries	Marten	Booischoot	M70	SEN		00:21:19	12.75	04:42
78	174	Wollants	Dieter	Westerlo	M71	MAS+40		00:21:22	12.72	04:43
79	175	Janssens	Sven	Testelt	M72	MAS+35	ROBA Streetrunners	00:21:38	12.56	04:46
80	238	Venstermans	Chris	Mechelen	M73	MAS+55	RAM	00:21:41	12.53	04:47
81	216	Van Wunsel	Yannick	Hulshout	M74	SEN		00:21:45	12.5	04:48
82	96	Ooms	Gunter	Koningshooikt	M75	MAS+55		00:21:47	12.48	04:48
83	156	Van Roie	Flore	Booischoot	V8	CAD		00:22:19	12.18	04:55
84	147	Sijmus	Willy	Keerbergen	M76	MAS+70		00:22:22	12.15	04:56
85	157	Van Roie	Mattis	Booischoot	M77	SCH		00:22:27	12.11	04:57
86	128	Bierinckx	Evi	Grobbendonk	V9	MAS+40		00:22:33	12.05	04:58
87	199	De Hoef	Jan		M78	MAS+35	SK Diamant	00:22:42	11.97	05:00
88	133	D'Helft	Noah	Heist o/d B...	M79	CAD	AVZK	00:22:52	11.89	05:02
89	119	Van den Broeck	Dorien	Begijnendijk	V10	MAS+35	Berglopers	00:22:57	11.84	05:03
90	222	Van Aerschot	Finn	Westerlo	M80	PUP		00:23:00	11.82	05:04
91	269	Guldolf	Dries	Aarschoot	M81	SEN	Sportiva Gelrode	00:23:06	11.77	05:05
92	209	Schoenmakers	Annelies	Heist o/d B...	V11	MAS+35		00:23:09	11.74	05:06
93	212	Nordney	Ferre	Heist o/d B...	M82	SCH		00:23:10	11.73	05:06
94	210	Verelst	Wim	Heist o/d B...	M83	MAS+55	AVZK	00:23:15	11.69	05:07
95	194	Wouters	Tine	Heist o/d B...	V12	MAS+40		00:23:17	11.67	05:08
96	233	Fierens	Brent	Booischoot	M84	SEN		00:23:24	11.62	05:09
97	257	Feyaerts	Mathieu	Heist o/d B...	M85	MAS+35		00:23:35	11.53	05:12
98	205	De Meutter	Jeroen	Beerzel	M86	MAS+35	SK Diamant	00:23:37	11.51	05:12
99	100	Op de Beeck	Stijn	Ramsel	M87	MAS+45	Berglopers	00:23:39	11.49	05:13
100	139	Heremans	Sean	Heist o/d B...	M88	MAS+35	Canicross booischoot	00:23:40	11.48	05:13

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
101	246	Verhard	Nio	Morkhoven	M89	MIN	De Dorpspomp Herselt	00:23:48	11.42	05:15
102	117	Uytterhoeven	Peter	Tremelo	M90	MAS+55	Berglopers	00:23:55	11.36	05:16
103	115	Schepers	Geert	Booischoot	M91	MAS+50	Berglopers	00:24:00	11.32	05:17
104	152	Van de Weyer	Ann-Sofie	Booischoot	V13	SEN		00:24:04	11.29	05:18
105	226	Zegers	Stieven	Booischoot	M92	MAS+35		00:24:05	11.29	05:18
106	98	De Keuster	Jana	Aarschoot	V14	SCH		00:24:07	11.27	05:19
107	137	Goffin	Dirk	Lier	M93	MAS+65		00:24:13	11.22	05:20
108	153	Van de Weyer	Ward	Booischoot	M94	SEN	Fun2run	00:24:19	11.18	05:22
109	103	Cleynhens	Karine	Tremelo	V15	MAS+55	Berglopers	00:24:26	11.12	05:23
110	244	Boru	Thomas	Booischoot	M95	MAS+35		00:24:47	10.97	05:28
111	134	De Bock	Marie	Heist o/d B...	V16	CAD		00:24:58	10.89	05:30
112	271	Mannaert	Michiel	Booischoot	M96	SEN		00:25:01	10.86	05:31
113	248	Naets	Ivo	Itegem	M97	MAS+60	AVZK	00:25:03	10.85	05:31
114	172	Winnepenninckx	Kenny	Tremelo	M98	MIN		00:25:05	10.84	05:32
115	158	Van Tendeloo	Tanel	Heist o/d B...	M99	MIN		00:25:09	10.81	05:33
116	273	Degrauwe	Fil	Holsbeek	M100	KAN		00:25:20	10.73	05:35
117	97	Nys	Yunry	Aarschoot	M101	SEN		00:25:22	10.71	05:35
118	255	Neefs	Bert	Gelrode	M102	MAS+60	Sportiva Gelrode	00:25:24	10.7	05:36
119	229	Nijs	Marc	Herentals	M103	MAS+65		00:25:27	10.68	05:37
120	191	Nauwelaerts	Anita	Booischoot	V17	MAS+60	Berglopers	00:25:29	10.67	05:37
121	109	Huybrechts	Kris	Itegem	M104	MAS+45	Berglopers	00:25:35	10.62	05:38
122	123	Van Opstal	Karel	Ramsel	M105	MAS+75	Berglopers	00:25:39	10.6	05:39
123	111	Nagels	Ann	Schriek	V18	MAS+50	Berglopers	00:25:41	10.58	05:40
124	116	Straetmans	Gilbert	Booischoot	M106	MAS+65	Berglopers	00:25:42	10.58	05:40
125	262	Baumans	Daniel	Booischoot	M107	MAS+50		00:25:44	10.56	05:40
126	249	Scheerens	Charlotte	Houtvenne	V19	MAS+40		00:25:45	10.56	05:41
127	836	Hendrickx	Arlette	Hallaar	V20	MAS+65	Berglopers	00:25:49	10.53	05:41
128	206	Op de Beeck	Amber	Ramsel	V21	SEN	Berglopers	00:25:50	10.52	05:42
129	99	Goovaerts	Stella	Ramsel	V22	MAS+45	Berglopers	00:25:51	10.51	05:42
130	185	Cumps	Chris	Aarschoot	M108	MAS+65	Kapsalon Luc	00:25:54	10.49	05:43
131	142	Lemmens	Mariette	Grobbendonk	V23	BEN		00:25:56	10.48	05:43
132	207	Eeckels	Karen	Ramsel	V24	MAS+45		00:26:12	10.37	05:47
133	169	Van Lier	Stefan	Tremelo	M109	MAS+65		00:26:29	10.26	05:50
134	223	Vermeulen	Sofie	Houtvenne	V25	MAS+40		00:26:31	10.25	05:51
135	92	Vanoppen	Dieter	Tielt-Winge	M110	SEN		00:26:32	10.24	05:51
136	276	Degrauwe	Koen	Holsbeek	M111	SEN		00:26:37	10.21	05:52
137	224	Heremans	Joran	Booischoot	M112	SEN		00:26:52	10.12	05:55
138	164	Baestaens	Stef	Ramsel	M113	SEN		00:26:58	10.08	05:57
139	160	Verduyck	Stef	Booischoot	M114	SEN	Fun2Run	00:27:05	10.04	05:58
140	121	Van Loo	Alfons	Hallaar	M115	MAS+60	Berglopers	00:27:19	9.95	06:01
141	188	Goovaerts	Jef	Heist o/d B...	M116	MAS+70	AVZK	00:27:28	9.9	06:03
142	144	Moris	Jill	Heist o/d B...	V26	SEN		00:27:30	9.88	06:04
143	227	Roziers	Carl	Olen	M117	MAS+60		00:27:41	9.82	06:06
144	124	Verloy	Tine	Itegem	V27	MAS+40	Berglopers	00:27:47	9.78	06:07
145	263	Van Den Meutter	Ann	Heist o/d B...	V28	MAS+50		00:27:48	9.78	06:08
146	104	Cumps	Els	Hallaar	V29	MAS+55	Berglopers	00:27:51	9.76	06:08
147	91	Beets	Annick	Heist o/d B...	V30	MAS+35		00:27:57	9.72	06:10
148	90	Knapen	Stig	Itegem	M118	SEN		00:27:58	9.72	06:10
149	260	D'Hooghe	Zico	Ramsel	M119	SEN	AVZK	00:28:20	9.59	06:15
150	120	Van Dessel	Daniel	Heist o/d B...	M120	MAS+60	Berglopers	00:28:22	9.58	06:15

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
151	107	Heremans	Miet	Heist o/d B...	V31	MAS+45	Berglopers	00:28:24	9.57	06:16
152	272	Allaert	Femke	Booischoot	V32	SEN		00:28:25	9.56	06:16
153	274	De Smet	Wouter	Booischoot	M121	SEN		00:28:27	9.55	06:16
154	168	Roelants	Myriam	Wezemaal	V33	MAS+60		00:28:28	9.55	06:17
155	163	Vertommen	Nathan	Heist o/d B...	M122	SEN	Lokaal Bestuur Heist-op...	00:28:47	9.44	06:21
156	110	Mattheus	Glenn	Booischoot	M123	MAS+35	Berglopers	00:28:49	9.43	06:21
157	138	Henderickx	Dries	Booischoot	M124	CAD	AVZK	00:28:55	9.4	06:23
158	149	Straus	Nathalie	Heist o/d B...	V34	MAS+35	Canicross booischoot	00:29:14	9.3	06:27
159	192	Janssens	Kesia	Booischoot	V35	PUP	AVZK	00:29:18	9.28	06:28
160	267	Janssens	Febe	Booischoot	V36	CAD	AVZK	00:29:19	9.27	06:28
161	268	Jaspers	Drina	Aarschoot	V37	MAS+60	Sportiva Gelrode	00:29:31	9.21	06:30
162	265	Van den Zegel	Eline	Heist o/d B...	V38	SEN		00:30:18	8.97	06:41
163	264	Bellekens	Rani	Hulshout	V39	SEN		00:30:19	8.97	06:41
164	266	Van den Wyngaert	Julie	Putte	V40	SEN		00:30:21	8.96	06:41
165	208	Boeckx	Michael	Ramsel	M125	MAS+45		00:31:04	8.75	06:51
166	112	Op de Beeck	Suzy	Tremelo	V41	MAS+50	Berglopers	00:31:07	8.73	06:52
167	125	Verschueren	Anne	Booischoot	V42	MAS+55	Berglopers	00:31:52	8.53	07:02
168	234	Struelens	Lara	Aarschoot	V43	MAS+45		00:31:58	8.5	07:03
169	235	Jacobs	Els		V44	MAS+50		00:32:00	8.49	07:03
170	251	Sprengers	Kristof	Itegem	M126	MAS+35	SK Diamant	00:32:07	8.46	07:05
171	252	Sprengers	Stefan	Itegem	M127	SEN	SK Diamant	00:32:08	8.46	07:05
172	135	De Cuyper	Sabrina	Heist o/d B...	V45	MAS+40	AVZK	00:32:56	8.25	07:16
173	151	Van de Water	Geert	Putte	V46	MAS+45	AVZK	00:32:57	8.25	07:16
174	197	Verschueren	Myra	Heist o/d B...	V47	SCH		00:33:09	8.2	07:19
175	126	Verschueren	Gerry	Heist o/d B...	M128	MAS+45	Berglopers	00:33:16	8.17	07:20
176	167	Laeremans	Rene	Aarschoot	M129	MAS+65		00:33:28	8.12	07:23
177	275	Degraeuwe	Warre	Nieuwrode	M130	BEN		00:33:55	8.01	07:29
178	106	Gielis	Ellen	Westerlo	V48	MAS+40	Berglopers	00:34:24	7.9	07:35
179	161	Verhaegen	Kurt	Beerzel	M131	MAS+50		00:34:30	7.88	07:36
180	88	Nevelsteen	Staf	Booischoot	M132	MAS+65	AVZK	00:34:32	7.87	07:37
181	108	Hölscher	Anita	Rumst	V49	MAS+60	Berglopers	01:11:09	3.82	15:42
182	196	Verschueren	Rinske	Heist o/d B...	V50	CAD		01:11:10	3.82	15:42
183	195	De Weerd	Christel	Heist o/d B...	V51	MAS+45	Berglopers	01:11:11	3.82	15:42